

GETTING BETTER ALL THE TIME

HOW TO BE FAIR



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CHAPTER 1

BEING FAIR

Kate and Sam are hungry. They want a snack, but there is only one apple left. They decide each of them gets half. By sharing, Kate and Sam both get what they want. They are both happy! This is an example of being fair.





Being fair means everyone gets what they need. There are many ways to be fair. Taking turns is one way. You and your **peers** can take turns playing a game.





Being fair also means following rules. Everyone should have a fair chance to win in a sport or game.

John plays cards with his friends. He cheats. He looks at his friends' cards. This is unfair. His friends are upset. They ask John to play fairly.

PLAYING FAIR

Playing fair shows your friends that you respect their feelings. Taking turns, listening to each other, and following rules make everyone feel respected and included.



CHAPTER 2

WHAT YOU CAN DO

You should be fair toward everyone. This includes people you don't know. Make sure no one feels left out. You can show **compassion** by being kind and **encouraging** others to join activities, like sports.





Being fair helps you get along better with others. It also makes everyone feel **equal**. If people are being unfair, speak up. You can also share your feelings with a friend or trusted adult. Be around people who are always fair to others.