



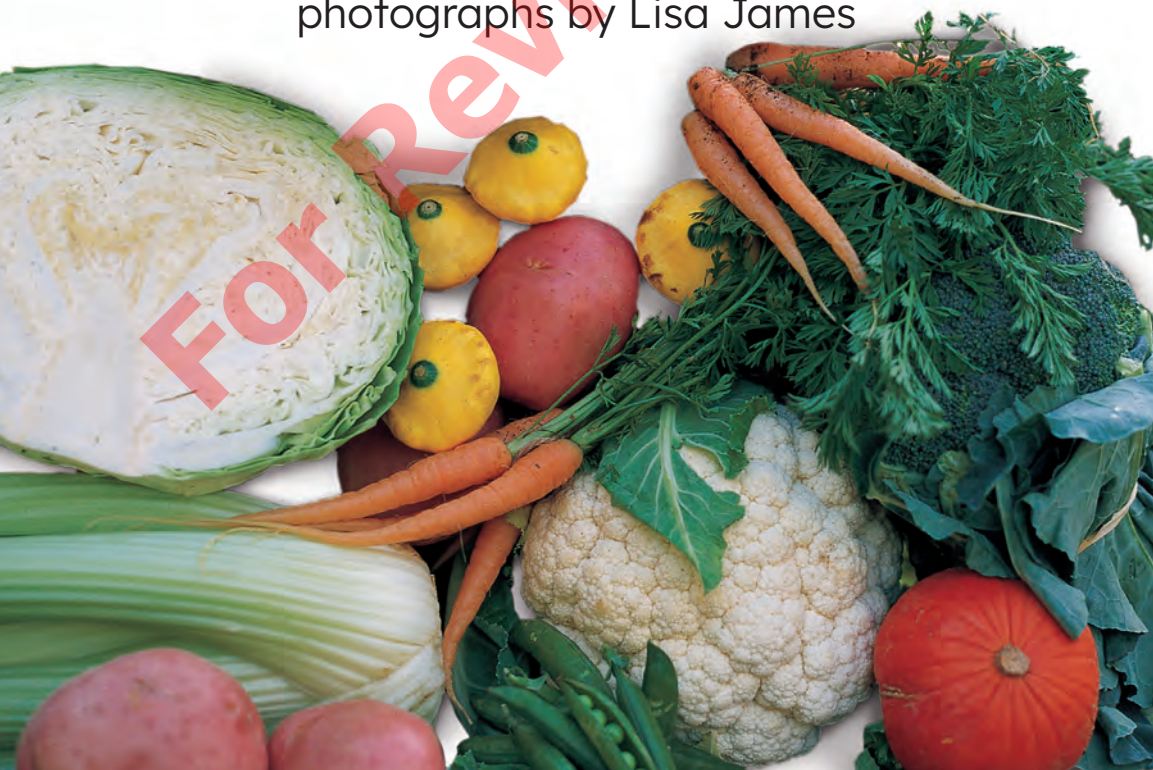
Vegetables

Jill McDougall

Lisa James

Vegetables

words by Jill McDougall
photographs by Lisa James



Vegetables are parts of plants.

Most people eat vegetables. Our bodies need vegetables.

For Review Only



Some vegetables are the leaves of the plant.

Lettuce is a leafy vegetable.

Cabbage is made up of leaves, too.

Leafy vegetables are good for us.

For Review Only



Some vegetables are the stems
of the plant.

We eat the stem of the celery plant.
Some people eat the leaves, too.
Celery is good for us.

For Review Only

