

THE *Amazing History* OF MEDICINE



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Words in **BOLD** are in the glossary.

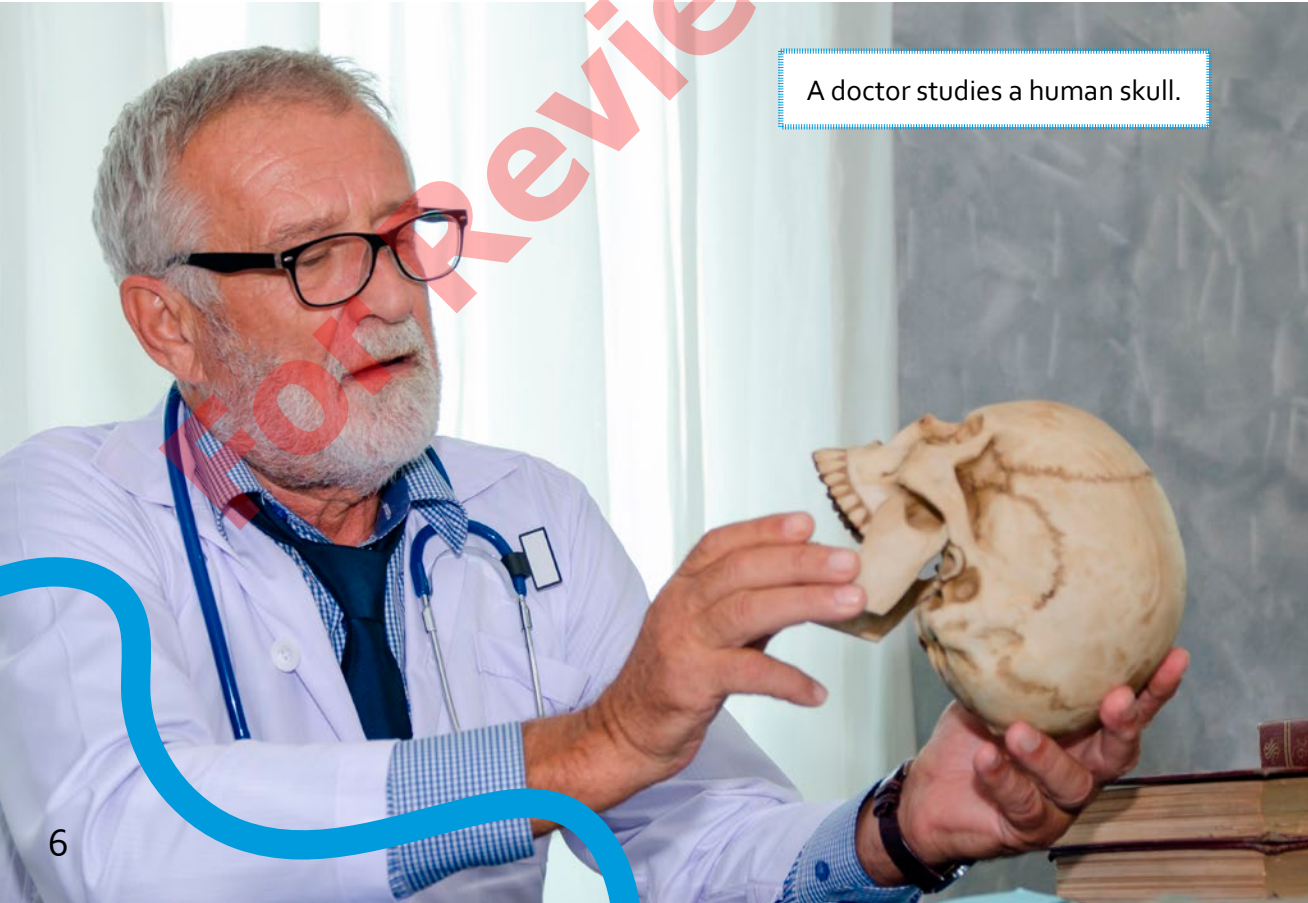
THE DOCTOR WILL SEE YOU NOW

No one likes to get sick. It was even worse in ancient times. People tried some pretty strange cures. Let's look at the amazingly gross history of medicine.



EARLY MEDICINE

Nobody is sure when medicine first started.
Ancient people didn't keep written records.
They also didn't go to medical school. They
often thought angry gods made people sick.



A doctor studies a human skull.

Tea made from yarrow flowers



Healers used natural cures. People chewed plants, such as yarrow, to help stomachaches.

Ayurveda

Doctors created **Ayurveda** more than 3,000 years ago. The word means “knowledge of life.” This natural system of health started in India. It is still used today.



An Ayurvedic doctor takes a patient's pulse.



Doctors encourage good health. They tell people to exercise and eat a balanced diet. People also use foods such as garlic and ginger. These help people stay healthy.

