



THE *Amazing History* OF FOOD



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Words in **BOLD** are in the glossary.

WHAT'S ON THE MENU?

What do you grab when it's time to snack?
Potato chips? A piece of fruit? No matter what
you eat, the history of food likely played a part.



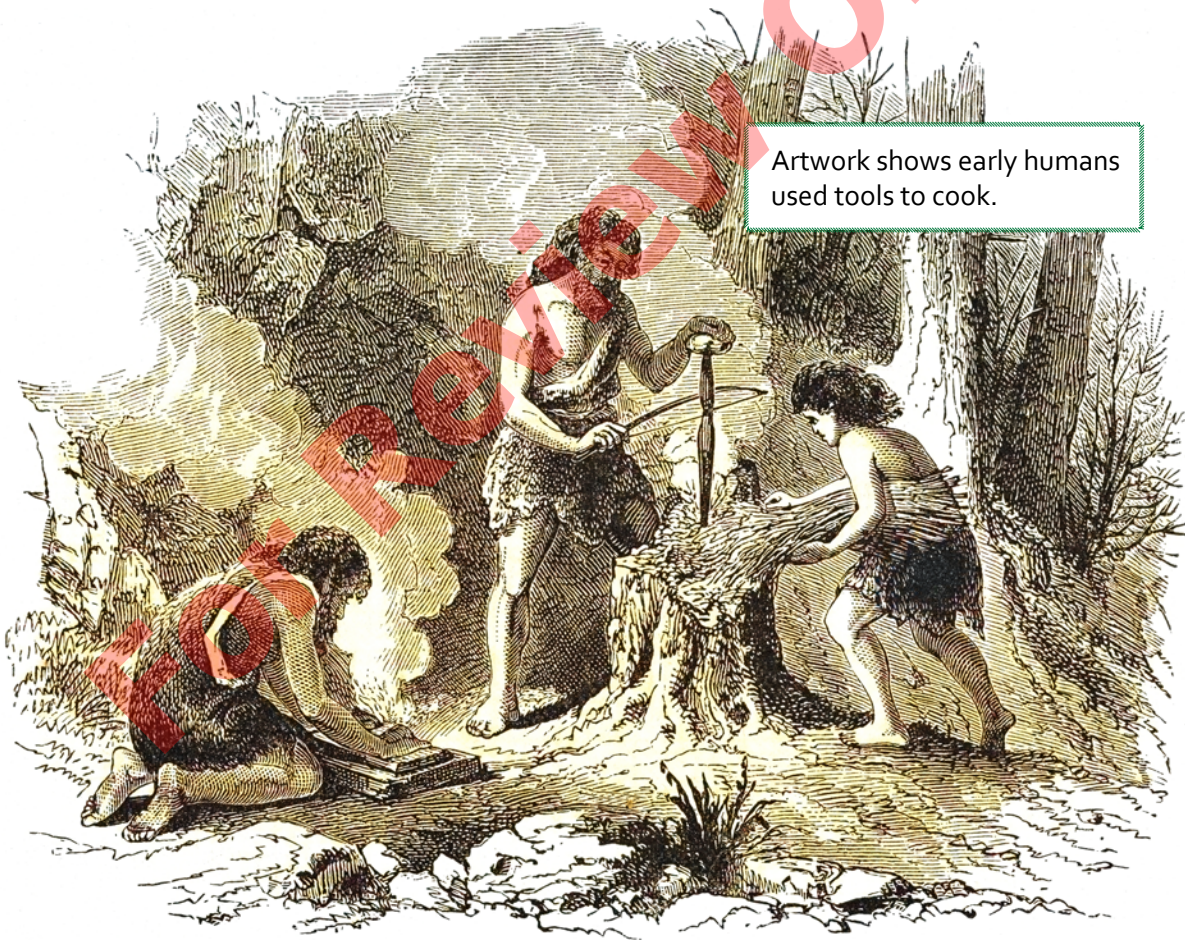


PREHISTORIC KITCHENS

Thousands of years ago, people ate whatever they could find. That included roots, nuts, and berries. They also hunted animals for meat.



People made tools to help them grow plants, hunt, and prepare food. Nets, plows, stone axes, and spears all came in handy.



Artwork shows early humans used tools to cook.

ANCIENT TIMES

Ancient Egyptians lived along the Nile River. That made it easy for them to get fish. They often broiled or roasted fish over the fire. They also boiled and dried it.



Artwork shows ancient Egyptians fishing along the Nile River.

People also ate sweet cakes. Bakers used dates to sweeten more than 40 different kinds of breads and **pastries**.



dates