

FRIENDS

SUPPORT

Each Other



Megan Borgert-Spaniol

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Words in **bold** are in the glossary.

The Lead Role

Your friend tries out for the school play. She wants the lead role. But she gets a small part. Your friend is sad.

You support your friend. You point out that her role has funny lines. Supporting a friend means cheering them up. It also means helping and rooting for them.



Helpful Support

Support makes us feel cared for.
Support can also help us **succeed**! You
and your friend are on a baseball team.
She is **nervous** before the first game.





You play catch to help her practice.
You tell her she will do great. This helps
her feel better!

Help Without Being Asked

Sometimes we don't know how to ask for support. You are doing an **obstacle course** in gym. You notice your friend is moving slowly. He looks like he is hurt.

Don't wait for him to ask for help. Ask if he is okay. Then help him tell a teacher that he is hurt.

