

  
**CHARACTER EDUCATION**

# **I Am Helpful**





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## What Is Helpfulness?

Your mom has a long **grocery list**. Wow! That is a lot of items.



Do you play on  
your phone?  
Or do you help  
her find things?



Helpful people do  
**useful** things for others.  
People may ask for help.  
You can **offer**, too.



# Glossary

## grocery list



a list of food and other items to buy at a grocery store

## relationships



ties with other people

## offer



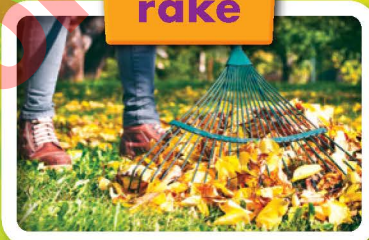
to make something open for use

## useful



able to help do something

## rake



to gather with a long-handled, forked garden tool