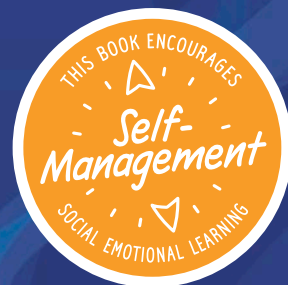


# The Worry Warthog



**A STORY ABOUT ANXIETY**

by Jody Jensen Shaffer illustrated by Gal Weizman

# Meet Winona



**HOBBIES:** playing with my dog, making art, and inventing things

**FAVORITE BOOKS:** *Make it Yourself!* and *Adventures for the Brave*

**FAVORITE FOODS:** fruit, pumpkin seeds, pizza, and chocolate malts

**FUTURE GOALS:** become an author or inventor

## **GOALS FOR THIS YEAR**

- TAKE UP RUNNING
- LAUGH MORE
- TEACH MY DOG, PICKLES, TO SHAKE
- INVENT AN ELECTRIC TUSKBRUSH

It was bedtime, but Winona couldn't sleep.  
What were those shadows on her wall?  
What was that noise in her closet?





Winona's heart raced. *Ba-bump. Ba-bump. Ba-bump.*  
She needed to sleep! She had school tomorrow.  
But how could she sleep with a monster in her room?



On her way to class the next day, Winona bumped into her friend Marcie.

Winona yawned a big yawn. "Excuse me! I hardly slept last night. I was so worried." She didn't mention the monster. Marcie would think she was a baby.



"Worried about the math test?" asked Marcie. "Me too.  
Good thing I studied."

Math test?  
Is that today?





Winona would fail. She just knew it. And her teacher, Ms. Campbell, wouldn't be happy. Winona swallowed hard and opened the door.

