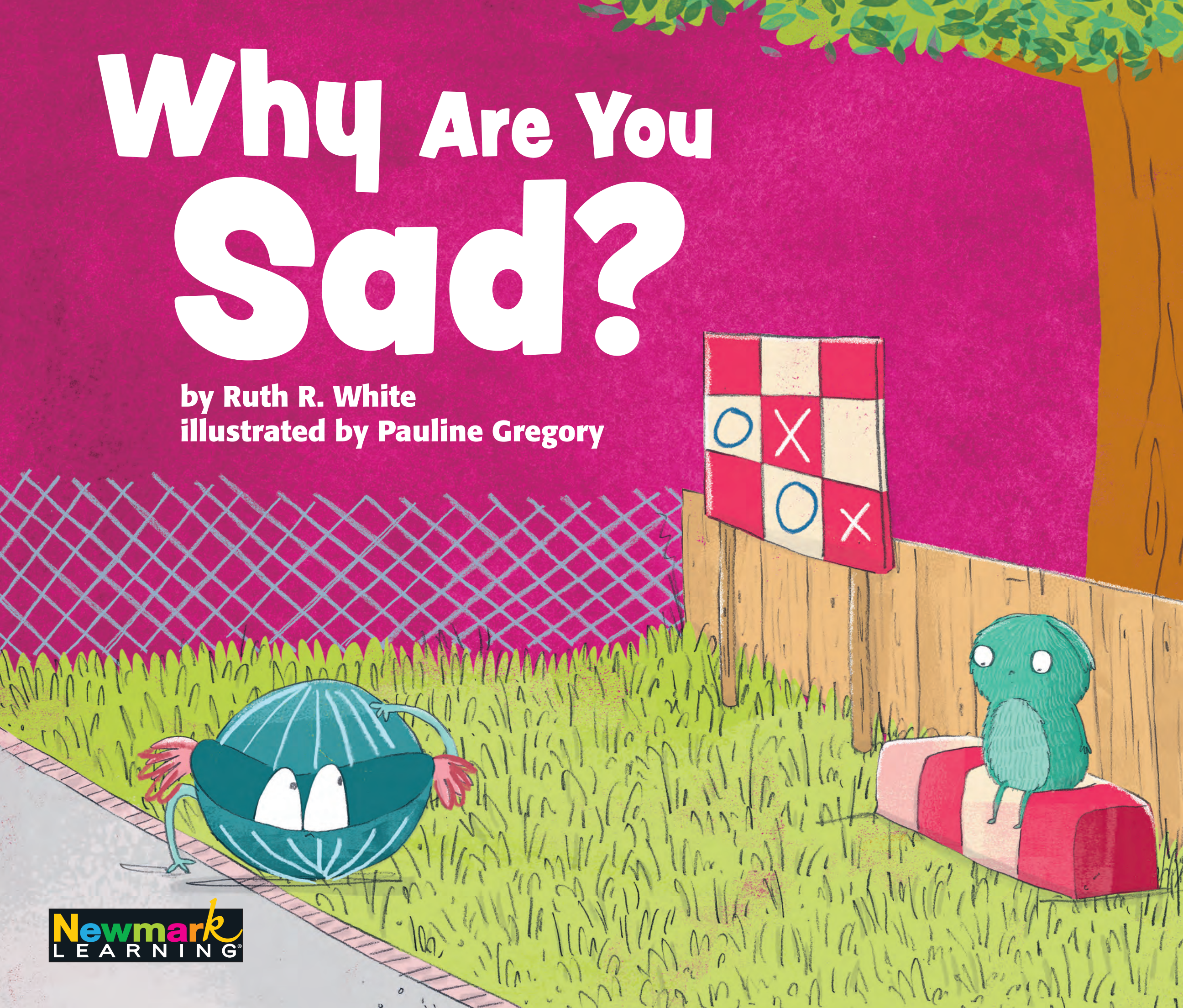


Why Are You Sad?

by Ruth R. White

illustrated by Pauline Gregory





SET THEME:

I Build Positive Relationships

Build Social and Emotional Intelligence

Use the following tips to help children learn how to understand and empathize with others' emotions:

- Discuss situations and settings when we want to understand the feelings and emotions of other people.
- Praise children for being kind and understanding of others' emotions.
- Model and role-play appropriate ways to notice others' feelings.
- Model and role-play appropriate ways to help others feel better when they are upset.
- Praise children's efforts to empathize with others.

Executive Editor: Kellie Cardone

Creative Director: Laurie Berger

Associate Creative Director: Debbie Lofaso

Photo Director: Cynthia Carris

Senior Photo Editor: Amy McNulty

Photo Credits: Front Cover, Inside Front Cover, Inside Back Cover, BackCover: Stanislav Pobytov/Getty Images; Inside Back Cover: fizkes/Shutterstock

© Newmark Learning, LLC. All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage or retrieval system, without permission in writing from the publisher.

Printed in Guangzhou, China.
XXXXXXXXXX

ISBN: 978-1-4788-7756-1

Newmark Learning • 145 Huguenot Street • New Rochelle, NY • 10801

For ordering information, call toll-free 1-855-232-1960

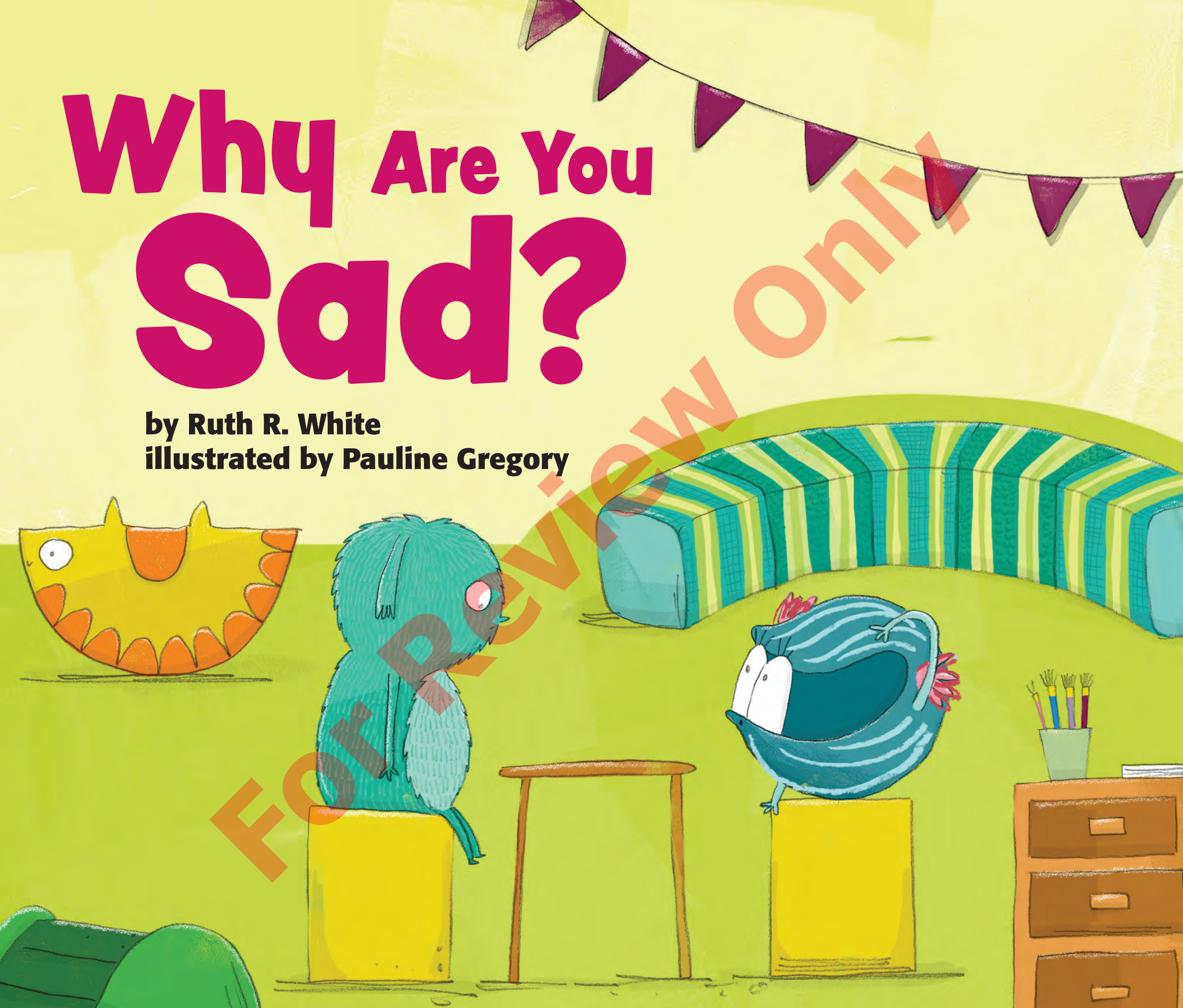
or visit our website at www.newmarklearning.com.

How to Read This Book with Children

- 1** Read aloud the title. Discuss what it means to be sad.
- 2** Read aloud the book with children.
- 3** Ask children to describe how Peppi and Tootie feel at different points in the story.
- 4** Talk about ways children can be aware of others' feelings.
- 5** After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6** Guide children to connect the story to their own experiences.

Why Are You Sad?

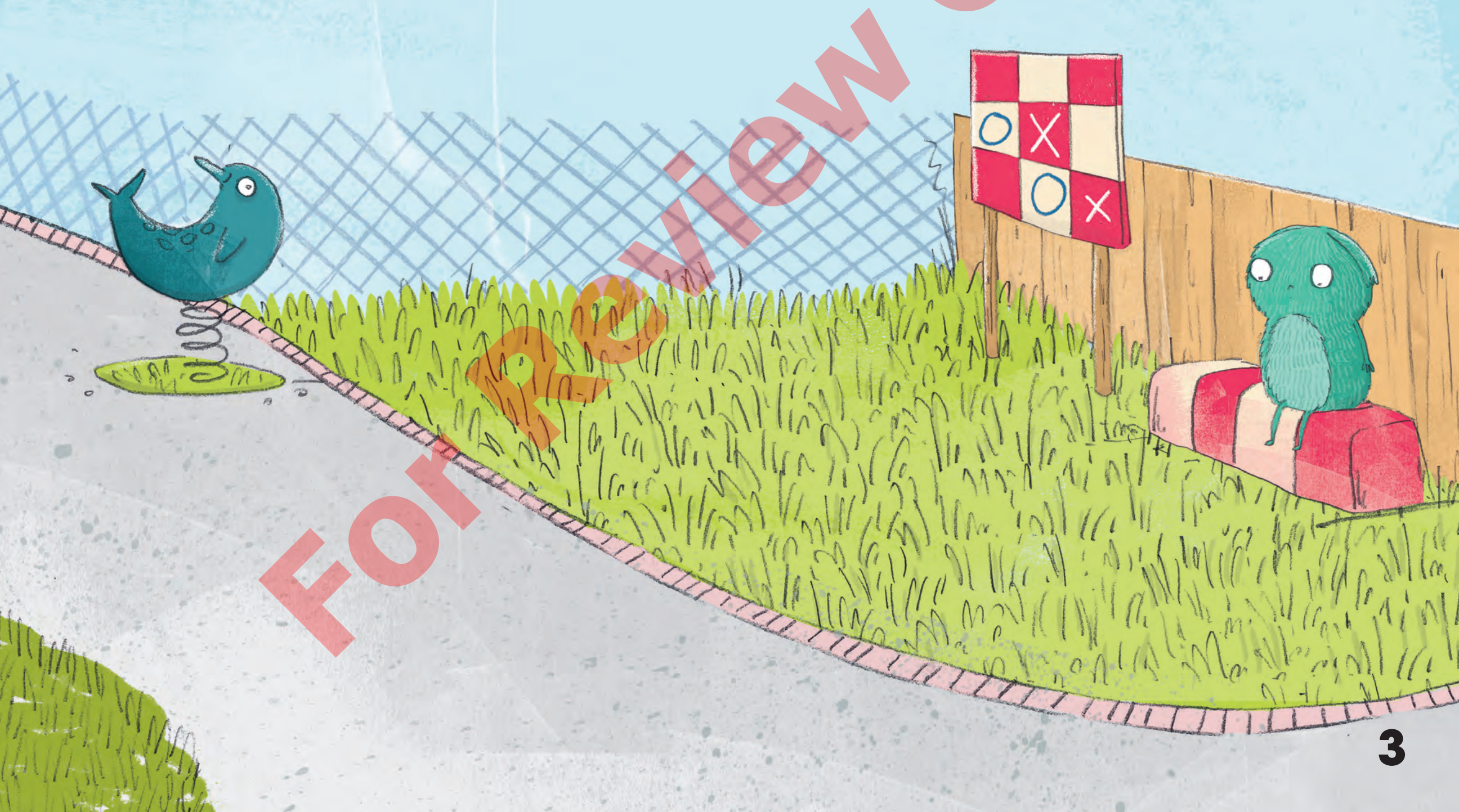
by Ruth R. White
illustrated by Pauline Gregory



Peppi was ready to go! Today was going to be awesome! She was going to see her friends at the community center AND it was STEM day.



Everyone arrived early—about 15 minutes before the center opened. Peppi and her friends started playing freeze tag. Peppi looked around and smiled. She had such great friends!



Peppi's bright smile slipped slightly. Tootie was hanging out by herself next to the fence.



This was strange because Tootie usually hung out with the group.



Soon everyone went inside. Peppi noticed that Tootie didn't say hi to anyone. Instead, she just went to a table and put her head down.



That was very un-Tootie-like behavior.

