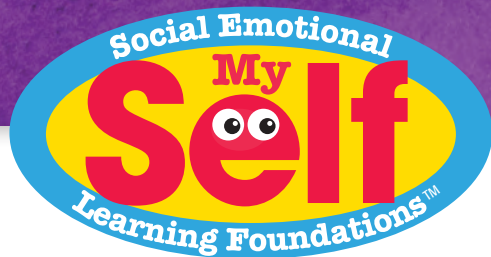


I Can Be Safe

by Katie Moran





SET THEME:

I Make Responsible Decisions

Build Social and Emotional Intelligence

Use the following tips to help children think about ways they stay safe:

- Encourage them to think about rules they follow at home and at school.
- Help them to understand that our actions can keep us safe, and they can keep others safe, too.
- Ask them to think about ways they keep themselves safe, and the ways that other people keep them safe.

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How to Read This Book with Children

- 1** Read aloud the title. Discuss what the word “safe” means.
- 2** Read aloud the book with children.
- 3** Talk about ways they can be safe as you read.
- 4** Ask children to describe how they feel when they do something that keeps them safe.
- 5** After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6** Guide children to connect the story to their own experiences.

I Can Be Safe

by Katie Moran



I am safe when I ride a bike.

My bike has only two wheels.

I wear my helmet every time I ride it.



I make sure my mom always wears a helmet when she rides her bike, too. My sister also wears a helmet. Even though she doesn't know how to ride yet!



Let me show you how I am safe in the car.
I check that my seatbelt is clicked in. I can
buckle my own seatbelt, or I can ask for help.



I look to see if everyone is using their seatbelt,
too. My parents put on my brother's seatbelt.



I am safe near the street. I look and listen for a walk signal. I look both ways before I begin to cross.



When I am with a grown-up, I hold their hand when we cross the street. This makes us both feel safe!

