

Dress for the Weather

by Sarah Wilson





SET THEME:

I Make Responsible Decisions

Build Social and Emotional Intelligence

To help children practice healthy habits:

- Encourage them to think about what they know about types of weather.
- Help them to understand that wearing the right clothes for the weather helps them feel more comfortable and also keeps them safe.
- Encourage them to think about how they feel when they are warm, dry, and protected from the weather.

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How to Read This Book with Children

- 1** Read aloud the title. Discuss what the words “dress” and “weather” mean.
- 2** Read aloud the book with children.
- 3** Talk about ways they know how to dress for the weather.
- 4** Ask children to describe how they feel when they make good clothing choices for the weather.
- 5** After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6** Guide children to connect the story to their own experiences.



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Good morning!
It's time to get up
and start the day.



What should I wear?

Is it hot or cold outside?

Will it rain?

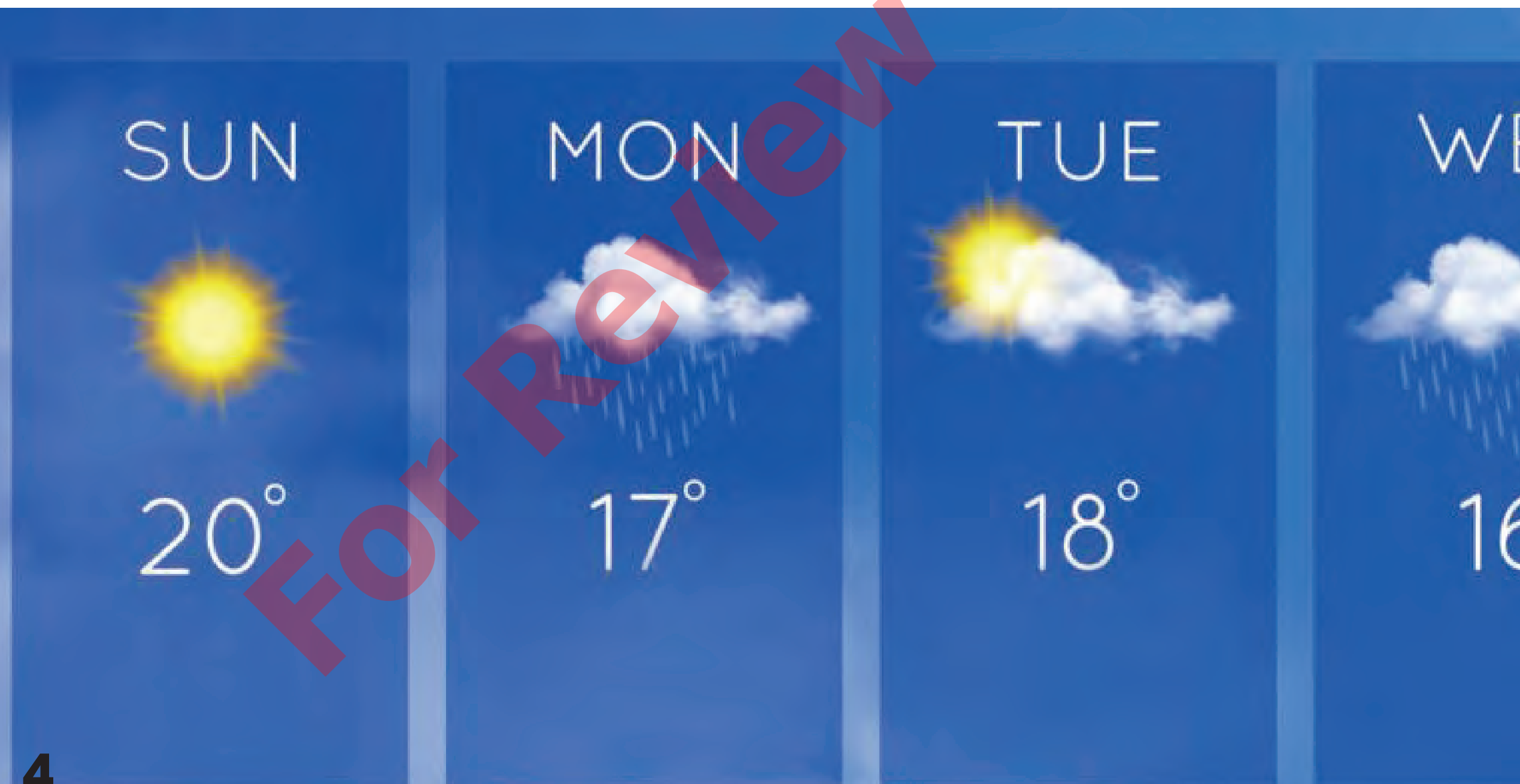
I need to check the weather.



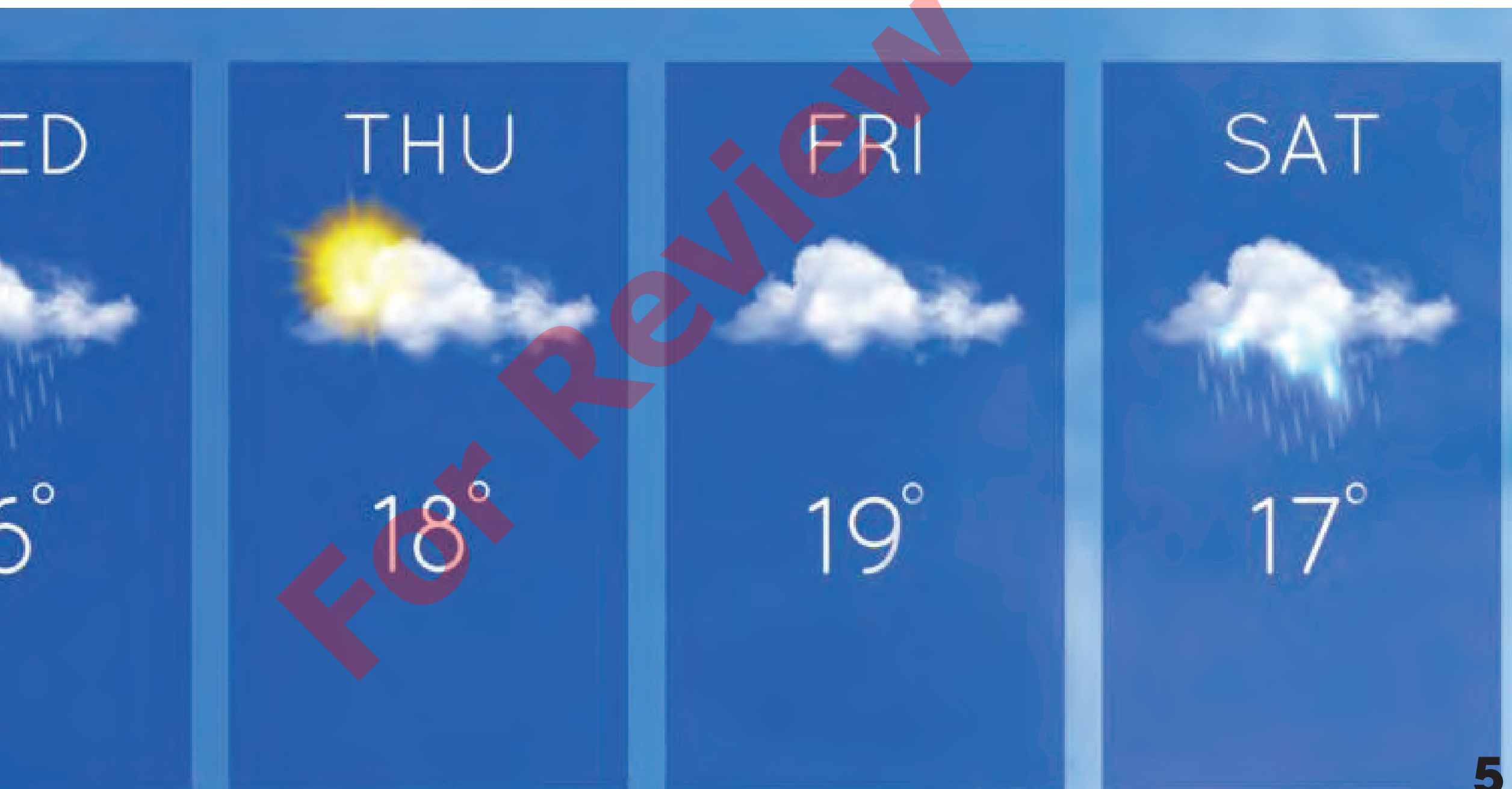
How can I check the weather?

I can go outside to check the temperature.

I can ask an adult to check the weather report.



At my house, we check the weather report on TV. It's important to dress for the weather. It keeps us healthy.



Today, the weather is sunny and warm.

I pick out a shirt with short sleeves.

For Review Only

I put sunscreen on to protect my skin.

I wear my favorite hat to keep the sun
out of my eyes.

