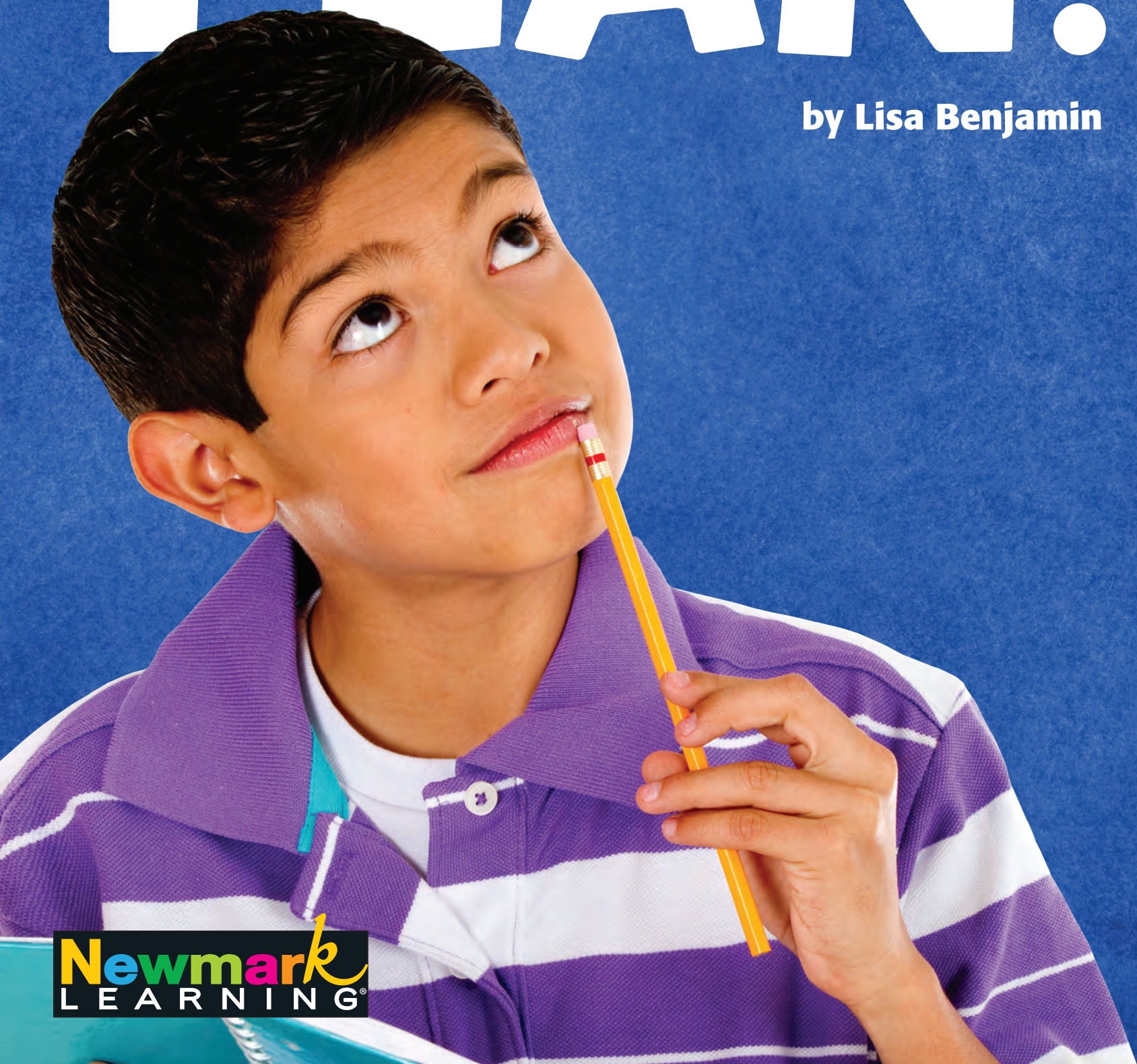
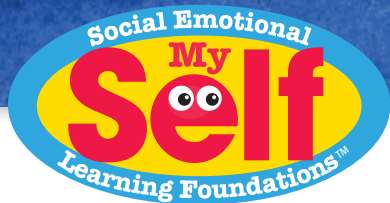


That's a GOOD PLAN!

by Lisa Benjamin





SET THEME:

I Respect Differences

Build Social and Emotional Intelligence

To help children think about helpful ways to interact with peers on the autism spectrum:

- Explain that we all have differences and what it means to be autistic.
- Encourage them to think of ways to be helpful to their friends.
- Help them understand why creating a plan can be useful when helping friends.

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How to Read This Book with Children

- 1 Read aloud the title. Discuss why it is important to have a good plan.
- 2 Read aloud the book with children.
- 3 Talk about activities children can do to be helpful friends to people who are autistic.
- 4 Ask children to describe how they might feel after doing such activities.
- 5 After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6 Guide children to connect the story to their own experience interacting with people who are different from ourselves.



That's a Good **PLAN!**

by **Lisa Benjamin**



We are different in all kinds of ways.

We may come from different backgrounds.



We may celebrate different holidays.
We may eat different kinds of food.



We can be different in other ways, too.

Some of us are people who are autistic.

It affects how we feel or think.



Just like you, we like to be happy but sometimes we're sad. Sometimes we make friends easily. Other times we may feel uncomfortable and want to left alone. This can make us feel left out.



Do you find it easy to talk to other people?



Some of us may need time to start talking with others. We may need time to feel comfortable.

