

# I Can Stick to the Plan

by Simone T. Ribke







SET THEME:

## I Can Manage Myself and Set Goals

### Build Social and Emotional Intelligence

Use the following tips to help children develop tools for how to plan for and complete tasks:

- Discuss why it can help to break down big jobs into smaller tasks that are easier to accomplish.
- Model and role-play how children can recognize when they get distracted from a task, and ideas for how to stick to the plan once they do.
- Praise children when they ask for help in creating and sticking to a plan.

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## How to Read This Book with Children

- 1 Read aloud the title. Discuss what it means to have a plan. Discuss what it means to stick to a plan.
- 2 Read aloud the book with children.
- 3 Talk about the importance of sticking to a plan.
- 4 Ask children to describe what Amal learns over the course of the story.
- 5 After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6 Guide children to connect to the story to their own experiences.





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“Amal, we’re going to be late! Did you forget?  
Today is your friend’s party. But first, you need to  
clean up this mess.”

**“Clean up? That will take forever!”**





“It’s not as hard as it looks,” Mom says. “Clean up one kind of toy at a time. What do you want to start with?”





“I will pick up the cars first,” I say.

“Great! Stick to the plan, I’ll be right back.”





I start cleaning up the cars.

**But I do not stick to the plan.**





