

GOOD CHOICE, Jenny

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SET THEME:

I Am Self-Aware

Build Social and Emotional Intelligence

Use the following tips to help children make choices efficiently and effectively:

- Discuss different choices children make at school.
- Model and practice clear language for stating a choice (*I choose...*).
- Establish the expectation that children will follow through with their choices.
- Praise children for making choices efficiently and using clear language to communicate their choices.

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How to Read This Book with Children

- 1.** Read aloud the title. Discuss what choices are and why we make them.
- 2.** Read aloud the book with children.
- 3.** Talk about the characters' actions as you read.
- 4.** Ask children to describe how Jenny changes over the course of the story.
- 5.** After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
- 6.** Guide children to connect the story to their own experiences.



Jenny

Choices. Choices. **CHOICES.**

Jenny had to make many choices each day.

“Do you want to wear stripes or dots today?”
asked her mom.



“BOTH, PLEASE!” said Jenny.



Jenny raced to the kitchen. “Do you want berries or cinnamon in your oatmeal?” asked her dad.



“BOTH, PLEASE!” said Jenny.



On the way to school, Jenny's mother asked,
“Would you like to go to the park or visit
Grandma after school?”

“BOTH, PLEASE!” said Jenny.



“We have time to do only one thing. You have to make a choice,” said Jenny’s mother.
“Hmm...,” said Jenny. “Let’s visit Grandma!”



Real-World Wrap-Up

My Thoughts:

What choice is this child making? How can you tell?



My Feelings:

How do you feel when you make a good choice?

What might happen if you do not choose carefully?