

I Am a Star!



by Jessica Pippin • illustrated by Juan Bautista Juan Oliver



SET THEME: **I Believe in Myself**

Build Social and Emotional Intelligence

To help foster self-confidence in children:

- Play with them, doing things to make them feel special and worthy of your time and attention.
- When disciplining, criticize the action or behavior, not the child.
- Encourage children's budding talents by providing support and opportunities for practice.
- When a child works hard and succeeds, point it out.

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How to Read This Book with Children

1. Read aloud the title. Discuss what it means to feel confident.
2. Read aloud the book with children.
3. Talk about feelings as you read.
4. Ask children to describe how characters feel, and explain how they can tell.
5. After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
6. Guide children to connect the story to their own experiences.

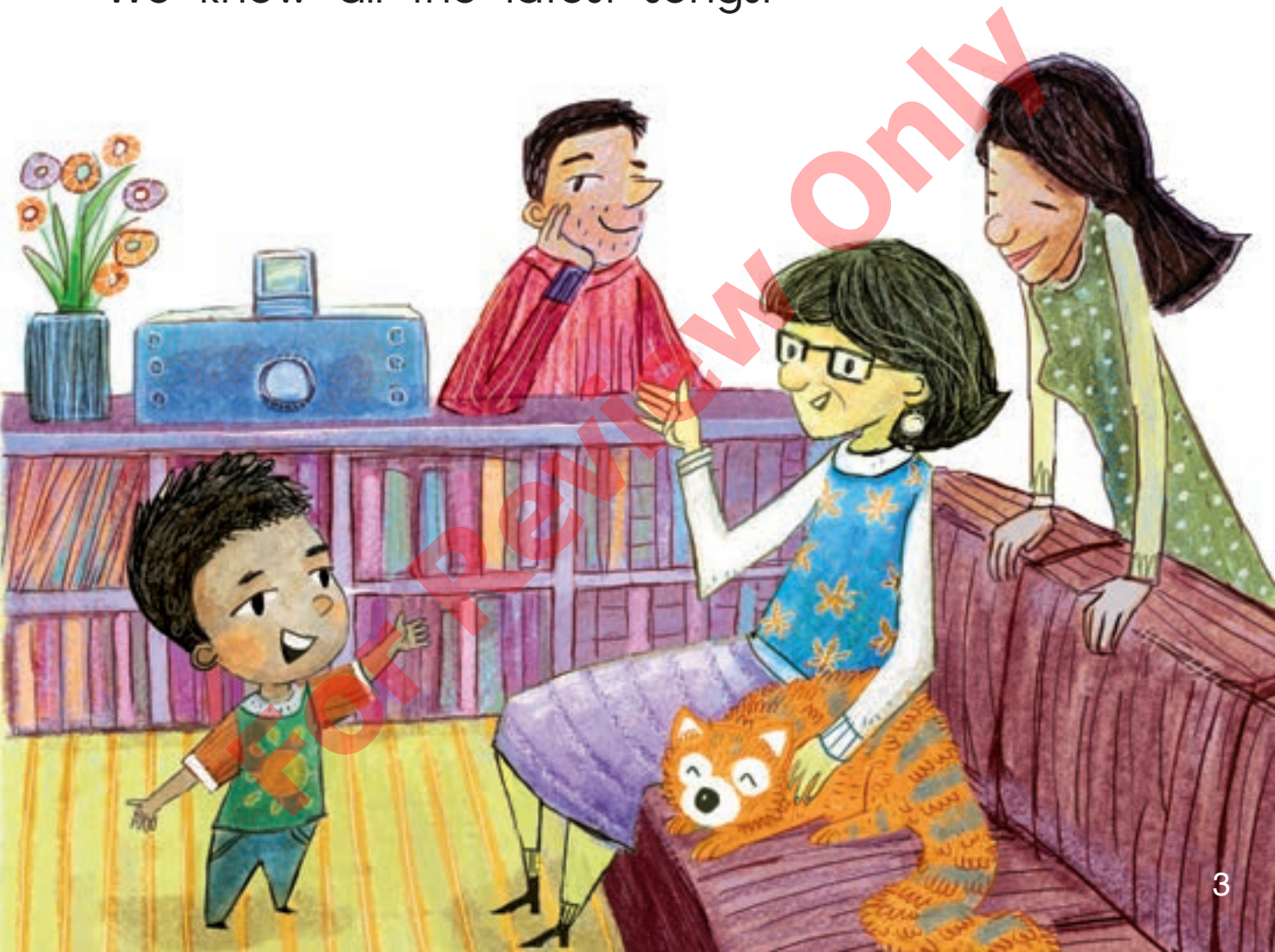


Jovan

Gram and I always sing together.



We know all the latest songs.



One day I was singing at school.



“Can I talk to you, Jovan?”
asked Mr. Brian.



“Family Night is coming up,” he said.

“Would you like to sing a solo?”



“What’s a solo?” I asked.

“It’s when you sing by yourself,” he explained.



Real-World Wrap-Up

My Thoughts:

What are these children doing?



My Feelings:

How do you feel when you are doing something that you enjoy?



Social and emotional intelligence comprises the abilities and character traits that enable people to work with others, learn effectively, and play important roles in their families and communities.

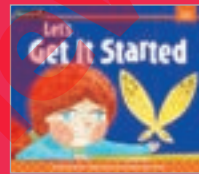


I Am a Star!

Jovan gets to sing a solo at Family Night! He practices every night with his grandmother. Will his nerves get the better of him or can he stay confident?

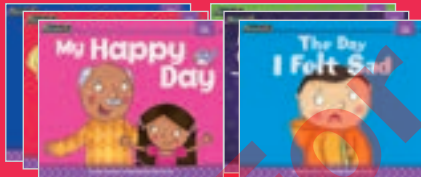
I Believe in Myself

The books in this set help children recognize and build positive performance character traits.

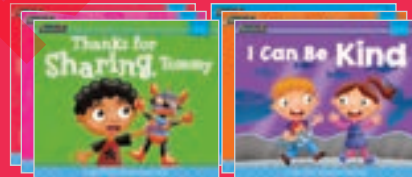


Look for the other sets in this series.

I Have Feelings



I Get Along with Others



I Am in Control of Myself

