

I Can Make a Plan



by Ellen Garcia • illustrated by Juan Bautista Juan Oliver



SET THEME: I Believe in Myself

Build Social and Emotional Intelligence

Use the following tips to help children set goals and make plans:

- Let children choose their own goals. They are more likely to stay committed to a goal of their choosing.
- Write the goals down, as well as why they want to accomplish the goals.
- Establish short-term and long-term deadlines.
- Monitor progress by keeping a calendar or bulletin board to track the status of a project or plan.

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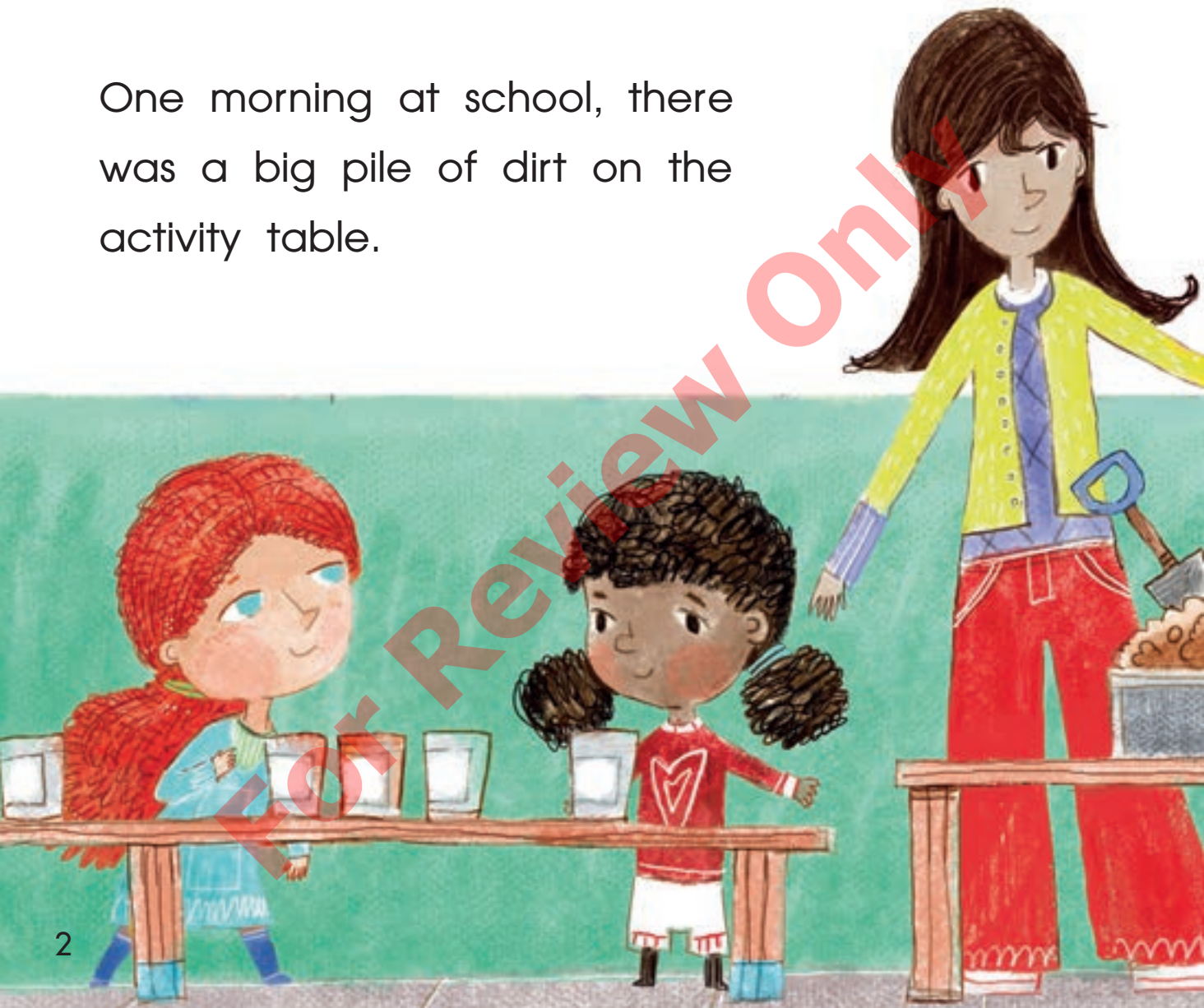
How to Read This Book with Children

1. Read aloud the title. Discuss what it means to make a plan and why it's important to set goals.
2. Read aloud the book with children.
3. Talk about the characters' actions as you read.
4. Ask children to describe the plan and how it was followed.
5. After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
6. Guide children to connect the story to their own experiences.



Sophia

One morning at school, there was a big pile of dirt on the activity table.



“What’s all this dirt for, Mrs. Lopez?” I asked.



“Good question, Sophia,” replied Mrs. Lopez. “We are going to grow sugar snap peas!”



“Now let’s make a plan for growing our pea plants. What do plants need to grow?”



“Make sure the plant gets sun!” I said.

“Give the plant water!” added Dylan.



“And love!” said Jovan, and we giggled.

“It’s true,” agreed Mrs. Lopez.

“We each have to care for
our own plant.”



Real-World Wrap-Up

My Thoughts:

Do you think this girl is following a plan? Explain how you can tell.



My Feelings:

How does it make you feel when you follow a plan and finish a project?



I Can Make a Plan

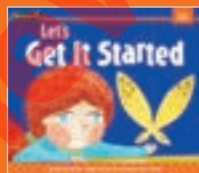
Sophia and her classmates are growing sugar snap peas. If they follow their plan and give their seeds lots of love, they'll have a delicious snack!



Social and emotional intelligence comprises the abilities and character traits that enable people to work with others, learn effectively, and play important roles in their families and communities.

I Believe in Myself

The books in this set help children recognize and build positive performance character traits.

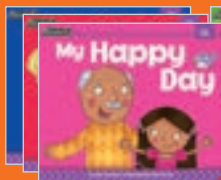


Look for the other sets in this series.

I Have Feelings

I Get Along with Others

I Am in Control of Myself



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