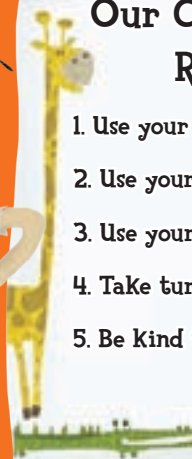


I Can Follow the Rules



Our Classroom Rules

1. Use your inside voice.
2. Use your walking feet.
3. Use your listening ears.
4. Take turns and share.
5. Be kind to one another.





SET THEME:

I Am in Control of Myself

Build Social and Emotional Intelligence

Use the following tips to help children understand and follow rules:

- Discuss the reasons for rules with children. When possible, involve them in establishing rules.
- Establish consequences for breaking rules, and stick to those consequences.
- When a rule is broken, criticize the action and not the child.
- Praise children for following rules, especially when they do what's expected without being reminded.

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How to Read This Book with Children

1. Read aloud the title. Discuss what rules are and why we have them.
2. Read aloud the book with children.
3. Talk about the characters' actions as you read.
4. Ask children to describe how Eva changes over the course of the story.
5. After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
6. Guide children to connect the story to their own experiences.



“Anya!” I yelled across the room.
“Do you want to play with me?”



“Remember the rules, Eva,” said Miss Jan.
“Please use your inside voice.”



Our Classroom Rules

1. Use your inside voice.
2. Use your walking feet.
3. Use your listening ears.
4. Take turns and share.
5. Be kind to one another.



So I ran over to talk to Anya.



“Slow down, Eva,” said Miss Jan.

“Use your walking feet, please.”



“Rules, rules, rules,” I mumbled.

“We’re not allowed to do *anything*.”



“We’re allowed to play dress-up,” said Anya.
“Here, you can be the hero.”



Real-World Wrap-Up

My Thoughts:

Do you think these children are following rules? How can you tell?



My Feelings:

How do you feel after you have broken a rule?
What might happen if people do not follow rules?



I Can Follow the Rules

Eva feels that rules are getting in the way of her fun at school. Will she discover that classrooms have rules for a reason?



Social and emotional intelligence comprises the abilities and character traits that enable people to work with others, learn effectively, and play important roles in their families and communities.

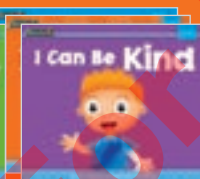
I Am in Control of Myself

This set addresses self-control and responding to situations in ways that can yield positive outcomes.

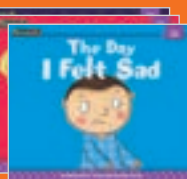
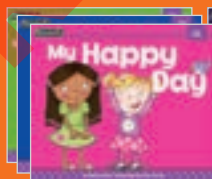


Look for the other sets in this series.

I Get Along with Others



I Have Feelings



I Believe in Myself

