

I Can Be Kind



by Jessica Pippin • illustrated by Marc Monés



SET THEME: I Get Along with Others

Build Social and Emotional Intelligence

Use the following tips to encourage kindness:

- Repeatedly encourage and remind children to be kind. Applaud them for kind behavior.
- Model kindness. Show children that people should treat one another with respect.
- Involve children in community activities, such as volunteering, that help others and show kindness.
- Be kind to children. Avoid using condescending words.

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How to Read This Book with Children

1. Read aloud the title. Discuss what it means to be kind and why it is important.
2. Read aloud the book with children.
3. Talk about the characters' actions as you read.
4. Ask children to identify and describe acts of kindness in the story.
5. After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
6. Guide children to connect the story to their own experiences.



Mike

“It’s aquarium day!” I shouted as I came down the stairs for breakfast.



“It sure is, Mike,” said my dad.

“We can leave as soon as you’re ready.”



I ate my breakfast and put my dishes away.



“I’m ready!” I said. “Can Fin come, too?”

“Sure,” said Dad, “but hold on to him.”



We walked up to the aquarium.

I helped my dad hold the door for
the family behind us.



“Thank you!” said a girl who looked my age.

“That’s so kind of you!” said her mother.



Real-World Wrap-Up

My Thoughts:

Are these children being kind? How can you tell?



My Feelings:

How do you feel when someone is kind to you?

When have you been kind?



I Can Be Kind

Mike spends the day at his favorite place, the aquarium! When he loses his favorite toy, he learns the importance of kindness.



Social and emotional intelligence comprises the abilities and character traits that enable people to work with others, learn effectively, and play important roles in their families and communities.

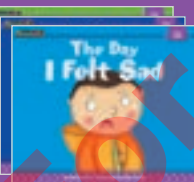
I Get Along with Others

The books in this set help children develop character traits that enable them to get along in a community.



Look for the other sets in this series.

I Have Feelings



I Am in Control of Myself



I Believe in Myself

