

Jealous of Josie



by Barbara M. Linde • illustrated by Helen Poole



SET THEME: I Have Feelings

Build Social and Emotional Intelligence

Guide children to deal with jealousy in the following ways:

- Help children express their feelings, such as **I feel jealous because ____**.
- Acknowledge children's feelings of jealousy. For example, say, "It must be hard for you when someone else has a toy that you want."
- Mediate jealousy among friends.
- Give words of reassurance and encouragement to the child who feels jealous.

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How to Read This Book with Children

1. Read aloud the title. Discuss what it means to feel jealous.
2. Read aloud the book with children.
3. Talk about the characters' actions as you read.
4. Ask children to describe how characters feel and explain how they can tell.
5. After reading, use the Real-World Wrap-Up prompts to discuss the photograph.
6. Guide children to connect the story to their own experiences.



Emma

“This is Josie,” Miss Laurie said.
“She is joining our class.”



“Hi, Josie!” we all said.



“Josie, would you like to be the line leader?”
asked Miss Laurie.



“I wanted to be the line leader,” I whispered.



“Josie, can you help me pass out the paper?” asked Miss Laurie.



“It’s *my* turn to be helper today,”
I said to Olivia.



Real-World Wrap-Up

My Thoughts:

What is happening in this picture?



My Feelings:

When have you felt jealous?



Jealous of Josie

A new girl named Josie joins Emma's class. Josie becomes the center of attention, and Emma starts to feel jealous. Can Emma and Josie be friends?



Social and emotional intelligence comprises the abilities and character traits that enable people to work with others, learn effectively, and play important roles in their families and communities.

I Have Feelings

The books in this set help children recognize and understand feelings.



Look for the other sets in this series.

I Get Along with Others



I Am in Control of Myself



I Believe in Myself

