



10 WAYS TO USE LESS PLASTIC



by Mary Boone

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Words in **BOLD** are in the glossary.

WHAT IS PLASTIC?

Plastic does not grow in nature. It is made by people. Plastic has many uses. It is strong. Plastic can be made into different shapes.

For Review Only





HOW WE USE PLASTIC

People use plastic in many ways. We drink from plastic cups. We store food in plastic bags. We sit on plastic chairs. We play with plastic toys. We wear plastic raincoats. Even some car parts are plastic.





PLASTIC PROBLEMS

Plastic is useful. It also causes problems. Plastic is in our **landfills**. It does not break down.

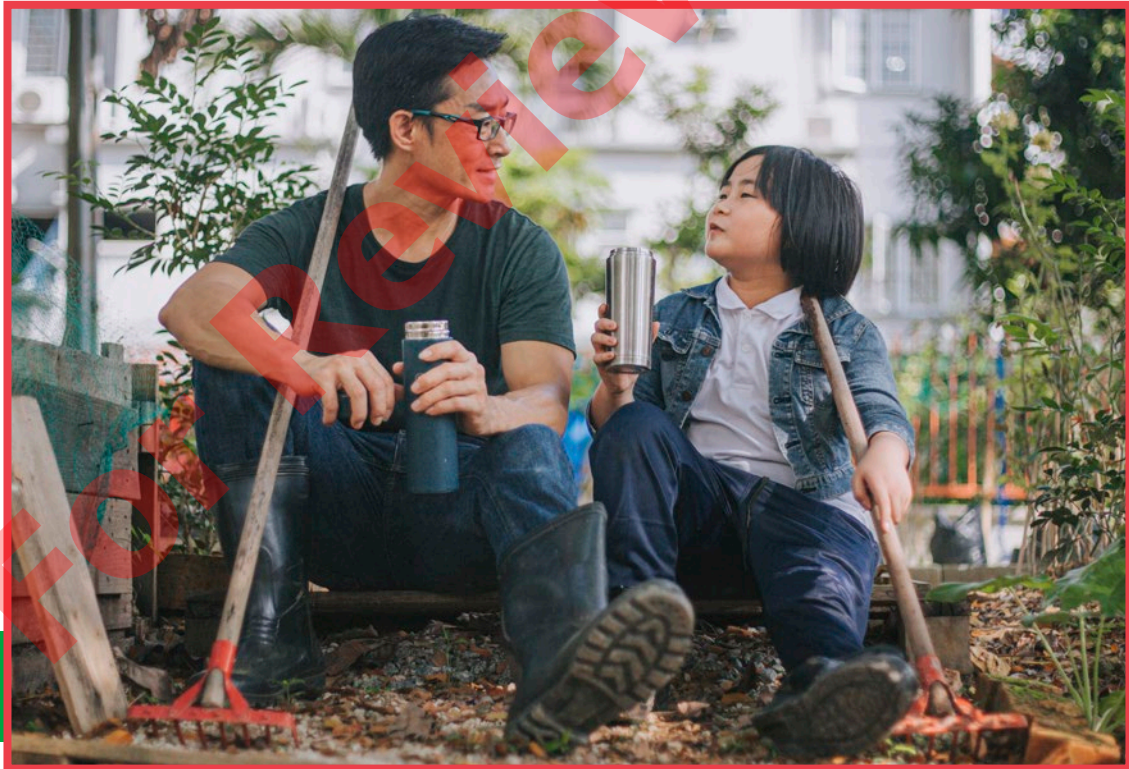


A lot of plastic ends up in rivers and oceans. Animals get confused. They think plastic garbage is food. It makes them sick. Animals get tangled in plastic nets. They get stuck in plastic rings.



10 WAYS YOU CAN USE LESS PLASTIC

1. Carry a **reusable** water bottle. Fill up at a fountain. It's an easy habit to learn.



2. Take your own bags when you shop. A single-use plastic bag takes 1,000 years to break down. Reusable bags can be used hundreds of times. Remind your family!

