



HONESTY

IS A
SUPERPOWER

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Words in **bold** are in the glossary.

Honesty Matters

What does it mean to be honest? When you speak the truth, you are being honest. Honesty also means not hiding the truth.

When you're honest, your family and friends **trust** you. Teachers can depend on you. Others will **respect** you. You can build strong friendships.



Honesty is a superpower.
It makes you a better person.
You will be setting a good
example for others to follow.



Do you like hearing the truth? Then others will too! Treat people the way you want to be treated.



Sometimes telling the truth is hard. You may be scared. You might think your friends will be unhappy. You might think people will not like you. Be **brave**.

When you know you're not telling the truth, you're telling **lies**. Lies can hurt people's feelings. They can hurt you too. You might feel **guilty**. If you lie, people may not believe you next time.



Honesty at Home

You can practice honesty at home. Did you get mad at your brother and break his toy? Be honest about why you did it. Say you're sorry. Did you make a mess and **blame** your sister? Tell the truth.



