

OUR BODIES

What are the senses? How do we see?
What does our brain do? Find out more about
our lungs, heart and stomach.

Do You Know? is a series of levelled non-fiction books featuring video content, project work and critical-thinking activities to motivate and engage young learners. Covering a range of STEM topics from nocturnal animals to climate change, *Do You Know?* takes an enquiry-based approach, developing children's language, communication and investigation skills.

Starter Pre-A1 • 300 headwords

Level 1 Pre-A1 • 400 headwords

Level 2 A1 • 600 headwords

Level 3 A1+ • 800 headwords

Level 4 A2 • 1100 headwords

Lexile measure 380L • Word count 520

Cambridge Primary Science curriculum links:
Life processes
Humans and animals

U.K. £5.99 CAN. \$12.99

ISBN 978-0-241-68748-2



www.ladybirdeducation.co.uk



Available online:



DO YOU KNOW?

OUR BODIES

1

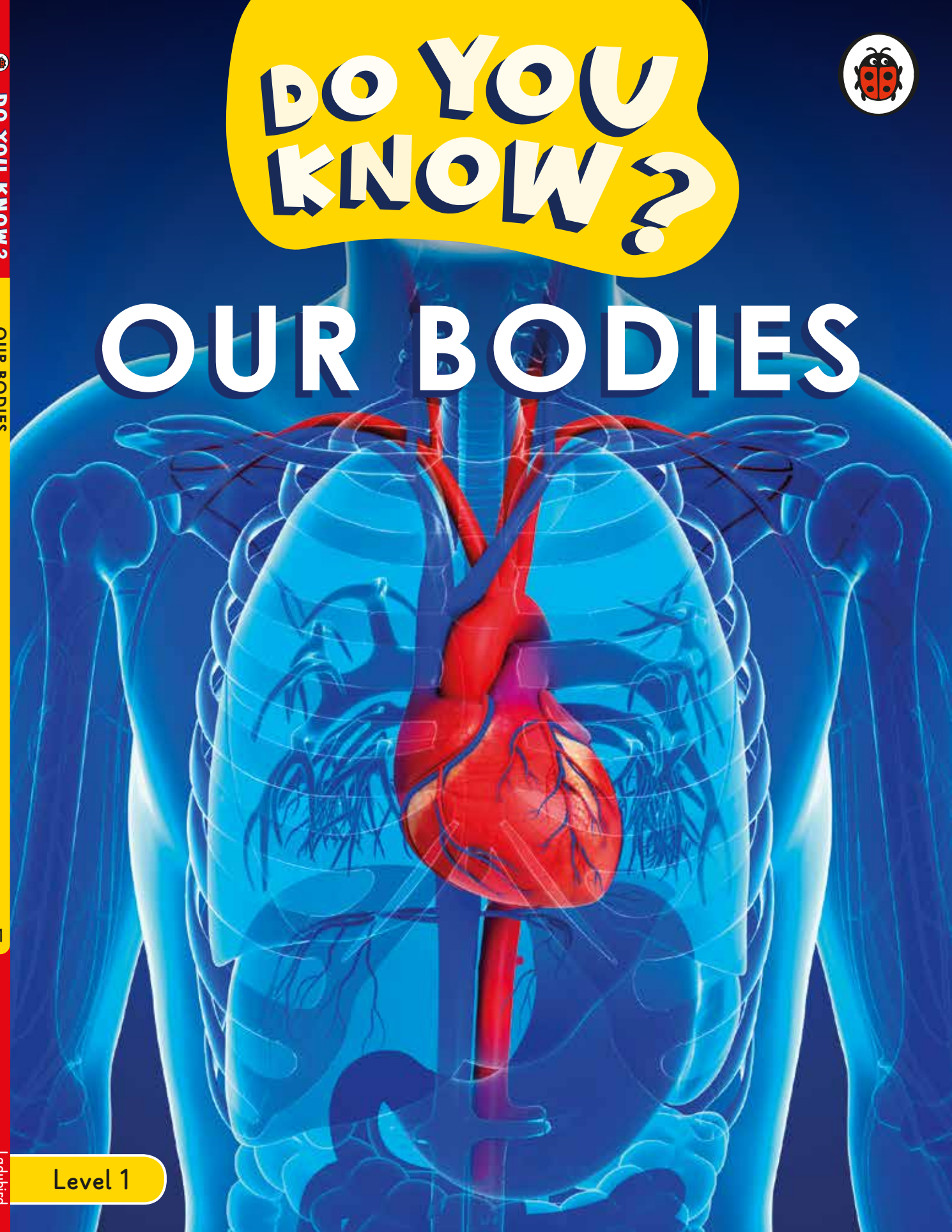
Ladybird

Level 1

DO YOU KNOW?



OUR BODIES



Contents

New words	4
What is the body?	6
What are the senses?	8
How do we see?	10
How do we taste?	12
What food is good for us?	14
Is sleep good for us?	16
Is water good for us?	18
Is exercise good for us?	20
What does our brain do?	22
What do our lungs do?	24
What does our heart do?	26
What does our stomach do?	28
Quiz	30

New words



blood



breathe



move
(verb)



oxygen



energy



exercise
(noun and verb)



smell
(verb)



strong



grow



message
(noun)



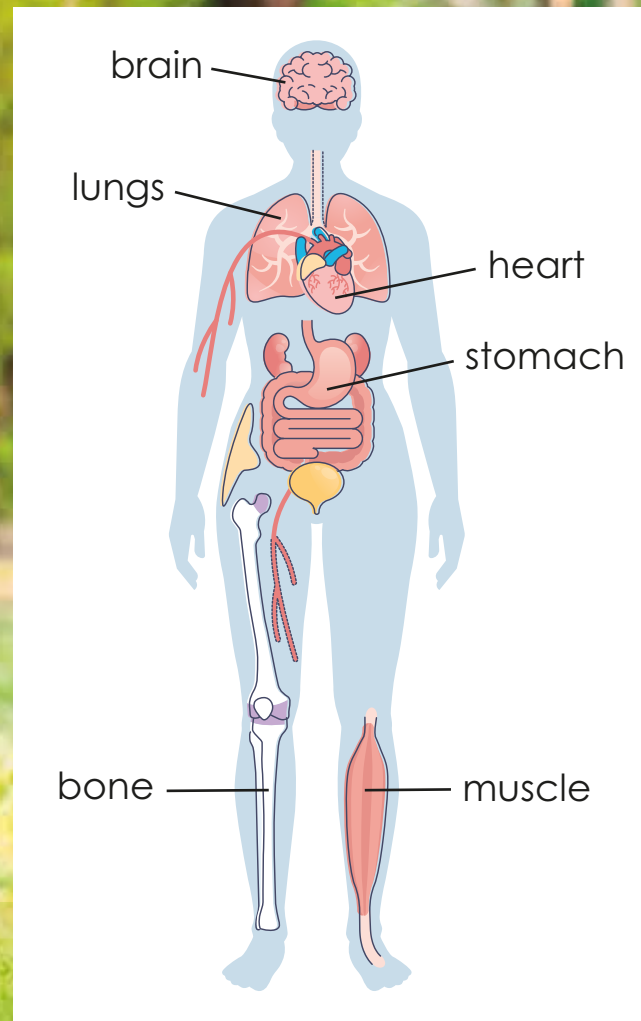
taste
(verb)



touch
(noun and verb)

What is the body?

Our bodies can **move** and they can **grow**. We can play and we can learn!



This is our body.
It is great!



PROJECT

Work with a friend. Draw the body. Colour it and label it. How many things can you label?

What are the senses?

Our bodies have five senses.

We see with our eyes



We **smell** with our nose.



We **taste** with our mouth.



We hear with our ears.



We **touch** with our skin.



skin

 **THINK!**

What can you see, hear, smell and touch now?