# Timesaver 

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# Teaching notes 

UNIT 1<br>BRIDGET JONES' DIARY<br>by Helen Fielding (1996)

## Background information

There is a film of Bridget J ones' Diary. It is usual for British people living away from home to visit their families at Christmas. The traditional meal is turkey; people usually cook a large one for Christmas Day and then eat it cold or in curries or other dishes for several days after Christmas.

## Teaching notes

Write the pre-reading Discussion questions on the board. Ask students to discus them in small groups so that they can talk more freely.
Play the recording of the extract and ask students to listen for
$\partial$ what Bridget's mother wants her to do $\partial$ how Bridget feels about it.
Give out the worksheet. Ask students to work in pairs. Ask them to read the extract again, check any words they need from the Glossary and then answer the Reading comprehension questions.
After completing the Vocabulary section, students could practise the adverbs in Adverbs: ways of speaking in groups. Ask them to write down three sentences each. They should then choose an adverb and read their sentences in the manner of the adverb. The others in the group have to say what they think the adverb is.

## Further discussion ideas: role-play

Put students into groups of three. Tell them to imagine that one of them is a teenager and the other two are their parents. The teenager wants to buy some dothes that the parents don't like, and needs to persuade his/her parents to give him/her the money. Role-play the discussion.

## UNIT 2 <br> PRIDE AND PREJUDICE by J ane Austen (1813) <br> Background information

There is a BBC video of Pride and Prejudice. At this time, events such as dances were important because potential husbands and wives could be met there. The word 'handsome' could be used for both men and women to mean 'good looking'.

## Teaching notes

Give out the worksheet and ask students to discuss the pre-reading Discussion questions in groups.
Play the recording and ask students to follow the w ords as they listen. This will help them to understand some of the more formal vocabulary. Give them a few minutes after listening to check the meaning of words in the Glossary.
Ask students to do the Reading comprehension exercise in pairs, but check the answers with the whole class. Ask students to explain how they found the answer by referring back to the text. This will help them to devel op the reading skill and make them less dependent on dictionaries. Once all the answers have been checked, the students should write the meaning of the words in the spaces in the glossary.
Vocabulary. The Collocations exercise (and the one in Unit 9) shows students the way some words do or do not collocate (go together) with other words, e.g. we say 'totally different' but not 'highly different'. They should be encouraged to make a note of these whole phrases, and not individual words. When students have completed the Phrasal verbs: pass exercise, they could choose two phrasal verbs and write their own sentences using these verbs. They could read their sentences to their partner, who could tell them if the sentences are right or not.
Further discussion ideas: debate
Tell students that they are going to debate the following statement:

## Unit

## Socialising

## Bridget

 Jones's Diaryby Helen Fielding (1996)

## The author and the novel

## Sunday 1 January

Noon. London: my flat
The last thing on earth I feel physically emotionally or mentally equipped to do is arive to Una and Geoffrey Alconbury's New Year's Day Turkey Curry Buffet in G rafton Underwood. G eoffrey and Una Alconbury are my parents' best friends and, as Uncle $G$ eoffrey never tires of reminding me, have known me since I was running round the lawn with no clothes on. My mother rang up at 8.30 in the morning last August Bank Holiday and forced me to promise to go. She approached it via a cunningly circuitous route.
'Oh, hello, darling. I was just ringing to
see what you wanted for Christmas.
'Christmas?'
Would you like a surprise, darling?'
'No!'I bellowed. 'Sorry. I mean...''
$I$ wondered if you'd like a set of wheels for your suitcase.'
But I haven't got a suitcase.'
Why don't I get you a Ittle
you a little suitcase with
have.'
I've already got a bag.'
Oh, darling, you can't go around with that tatty green canvas thing youround with that of $M$ ary Poppins person to look like some sort times. Just a litterson who's fallen on hard hande. It's amaring loct case with a pull-out Do you want it in how much you can get in.
nay on red or red on naw?' summer. It's very hot I torty in the morning. It's hostess bag. I uio En. uses anyything else.' got one. She says she never anding else.
Who's Julie Enderby?'
You know Julie, darling! Mavis Enderby's

Helen Fielding lives in London, and has worked for the BBC and various national newspapers.
Bridget Jones's Diary became an instant success when it was published in 1996 and was subsequently made into a highly-successful film in 2001. Helen Fielding based her hero, Mark Darcy, and some of the plot, on Pride and Prejudice by Jane Austen. Colin Firth, who played Mr Darcy in the BBC version of Pride and Prejudice, played Mark Darcy in this film.

## About the extract

Bridget Jones is an unmarried woman in her thirties living in a flat in London. Her mother is trying to persuade her to go to a party that is being organised by some of her mother's old friends.

## Discussion

D Have you ever had to go to a social occasion to please your parents?
D How did you feel?
D What was the worst thing about it?
$\partial$ Were there any good points?

## Sunday 1 J anuary

Noon. London: my flat. The last thing on earth I feel physically, emotionally or mentally equipped to do is drive to Una and Geoffrey Alconbury's New Year's Day Turkey Curry Buffet in Grafton Underwood. 5 Geoffrey and Una Alconbury are my parents' best friends and, as Uncle Geoffrey never tires of reminding me, have known me sincel was running round the lawn with no clothes on. My mother rang up at 8.30 in the morning last August Bank Holiday and forced me to promise to go. She approached it via a cunningly circuitous route.
'Oh, hello, darling. I was just ringing to see what you wanted for Christmas.'
'Christmas?'
'Would you like a surprise, darling?'
'No!' I bellowed. 'Sorry. I mean...'
'I wondered if you'd like a set of wheels for your suitcase.'
‘But I haven't got a suitcase.'
'Why don't I get you a little suitcase with wheds attached. You know, like air hostesses have.'
'I've al ready got a bag.'
'Oh, darling, you can't go around with that tatty green canvas thing. You look like some sort of M ary Poppins person who's fallen on hard times. J ust a little compact case with a pull-out handle. It's amazing how much you can get in. Do you want it in navy on red or red on navy?'
'M um. It's eight thirty in the morning. It's summer. It's very hot. I don't want an air hostess bag.'
‘J ulie Enderby's got one. She says she never uses anything else.'
'Who's J ulie Enderby?'
'You know Julie, darling! M avis Enderby's daughter, Julie! The one that's got that super-dooper job at Arthur A ndersen...'
'Mum...'
'Always takes it on her trips...'
'I don't want a little bag with wheels on.'
'I'll tell you what. Why don't J amie, Daddy and I all club together and get you a proper new big suitcase and a set of wheels?'

Exhausted, I held the phone away from my ear, puzzling about where the missionary luggage-Christmas-gift zeal had stemmed from. When I put the phone back she was saying: '...in actual fact, you can get them with a compartment with bottles for your bubble bath and things. The other thing I thought of was a shopping trolley.'
'Is there anything you'd like for Christmas?' I said desperately, blinking in the dazzling Bank Holiday sunlight.
'No, no,' she said airily. 'I've got everything I need. Now, darling,' she suddenly hissed, 'you will be coming to Geoffrey and Una’s New Year's Day Turkey Curry Buffet this year, w on't you?'
'Ah. Actually, I...' I panicked wildly. What could I pretend to be doing? '...think I might have to work on New Year's Day.'
'That doesn't matter. You can drive up after work. Oh, did I mention? $M$ al colm and Elaine Darcy are coming and bringing Mark with them. Do you remember Mark, darling? He's one of those top-notch barristers. M asses of money. Divorced. It doesn't start till eight.'

Oh God. Not another strangely dressed opera freak with bushy hair
burgeoning from a side parting. 'M um, I've told you. I don't need to bêfixeds up with...'
'Now come along, darling. Una and Geoffrey have been holding the New Year buffet since you were running round the lawn with no clothes on! Of course you're going to come. And you'll be able to use your new suitcase.'
553 words
Bridget J ones's Diary by Helen Fielding. This edition Picador 1996, pages 7-10.

## Glossary

Grafton Underwood (line 4): the name of the place where Una and Geoffrey Alconbury live
Bank Holiday (line 8): a national holiday when the banks and some shops are closed
bellowed (line 14): shouted loudly
tatty (line 20): an informal word meaning in bad condition
Mary Poppins (line 21): a fictional magic character who looks after children
super-dooper (line 29): an informal word meaning extremely good (now rather out-of-date)
missionary (line 36): used here to mean
persuasive
zeal (line 36): eagerness to do something hissed (line 43): said in a loud whisper top-notch (line 49): an informal adjective meaning the highest quality
opera freak (line 51): someone who loves орега
burgeoning (line 52): growing quickly and plentifully

## Reading comprehension

(1) Bridget's mother phones at Christmas to discuss the party.
(2) Bridget's mother asks her immediately about the

Read the extract again and decide if/ the following statements are correct. Put YES, NO or NOT GIVEN (if it is impossible to say). party.
(3) Bridget's mother offers to buy her a suitcase suitable for air travel.
(4) Bridget's mother works at Arthur Andersen.
(5) Julie Enderby probably has to travel as part of her job.

6 If Bridget wants a biqqer suitcase, some of her friends will pay for it between them.
(7) Bridget's mother always uses a shopping trolley.
(8) Bridget probably thinks that it's too soon to be discussing Christmas presents.
(9) Bridget's mother is hopina that Bridget will become friendly with Mark Darcy.
10 Mark Darcy is a rich married man.

## Vocabulary

Compound adjectives


1 'Smart' means 'clever' in the USA and $\square$ - $\square$ in Britain.

2 Sometimes a very intelligent professor forgets ordinary details and is rather

3 The new chef at that restaurant has created some very tasty meals which look really

4 I don't believe that new employees in this company should be treated as --
 citizens.

5 The boss couldn't believe Tom's excuse about his train having an accident again; it seemed much too $\qquad$ - $\square$ to be true.

## Vocabulary

Verbs: ways of speaking

## moan mumble roar <br> shriek whisper

Bridget 'bellowed' in line 14 and her mother 'hissed’ in line 43.
Put the following verbs describing ways of speaking into the correct sentences. You may need to change the tense of the verb to fit the sentence. There is one verb you will not need to use.

1 'Penalty'
 the football crowd as their star player was brought down by a defender.
2 'Help me!' $\square$ Mary as she fell off the cliff onto a narrow ledge.
3 'Not another grammar exercise!'
4 'I wish Professor Martin wouldn't $\square$ the students in Mr Johnson's class. never make out what he's trying to say.'

## Vocabulary

## Adverbs: ways of speaking

## aggressively arrogantly desperately modestly persuasively

'No, no,' she said airily. (line 42)
The adverb 'airily' shows that Bridget's mother spoke in a way that was neither serious nor concerned. Match the adverbs in the box to the correct statements below. There is one adverb you will not need to use.

1 'Why don't you come - you'll really enjoy it, I know you will - come on, give it a try.'
2 'I just know that I'm better than everyone else - they don't stand a chance.'
3 'Do that again and I'll punch you in the face.'
4 'I really have to pass my driving test this time - if I don't, I just don't know what I'll do.'

## Discussion

D Is it easy for teenagers to get on well with their parents, or is there a 'generation gap'?
D Do you feel that your parents are still trying to influence your decisions?

## Writing

Imagine that you are Bridget and you are writing a letter to a friend telling him or her about the phone call with your mother and explaining the problem about going to the party. Ask for advice, and then invite your friend to visit you for a weekend next month. Give details of your plans for the weekend. Write your letter in 200-250 words.

